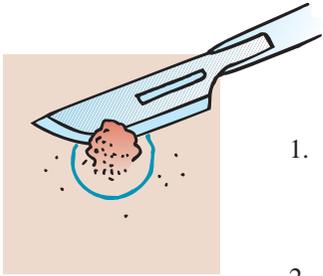
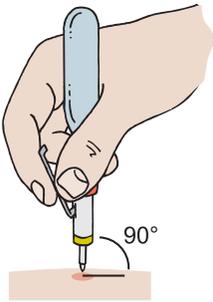


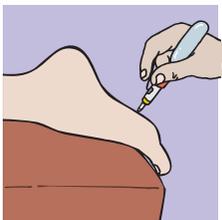
## Recommendation for freezing of warts



1. Draw a circle round the wart to be treated. Measure the size of the wart to be able to see the treatment result by the next visit, document in a patient journal.
2. Debride the wart to pinpoint bleeding. If the wart is bleeding we recommend you to use homeostatic solution to stop the bleeding. See Helpful Hint.
3. Put the patient in such a way that you easily can treat the wart with your Cryoalfa.

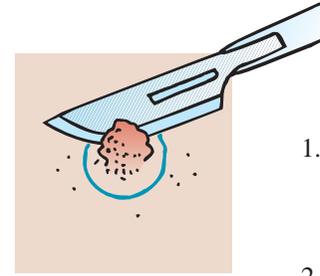


4. Place your Cryoalfa with a soft pressure against the wart which is going to be treated, activate your Cryoalfa by pressing the valve on the side. Recommended treatment time is approx 8/15 seconds children/adults. The angle against the treatment area should be 90° to get the best result. (Also see Helpful Hint)

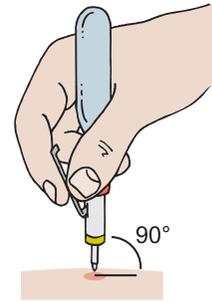


5. The freezing effect is approx 3 mm deep and 10 mm diameter on 12 seconds. The temperature that Cryoalfa works with is -89° within the treatment area. Please note that the thickness of the skin is dependent of the freezing result. (see punkt 1)
6. Freezing starts immediately, this can be seen by a whitening of the skin. From this moment the patient could feel a shooting feeling or sometimes a slight pain if there is many nerve-ends turned downwards in the treated area. Even a small part of healthy skin shall be treated during this process. Approx 5 min after the treatment is completed a skin blush will replace the part which was white coloured by the freezing treatment.

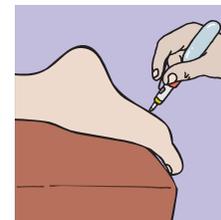
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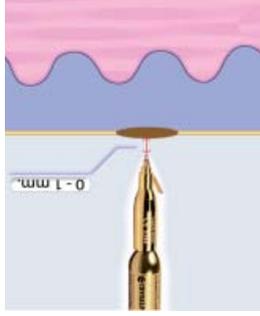


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7. If treatment has been done on a part where the patient is walking on we recommend a plaster on the area that relieve the treated area.
8. See Helpful Hint. After-treatment with salicylic acid.
9. Reserve a time for next visit within 2 weeks. Sometimes two treatments are necessary before the wart is removed. By each treatment occasion the prescribed procedure should be taken. Also see Helpful Hint.



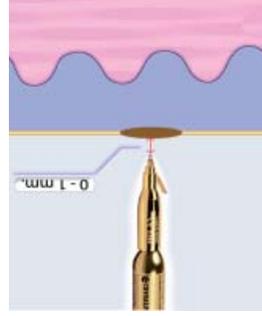
## Helpful Hints

- A. Big warts might be necessary to treat in sections to get a good result. The treatment will have no effect if you only freeze the centre of the wart.
- B. As foot warts can be difficult you can minimize freezing treatment and use wart **antiseptic such as ACO normal (children) and strong (adults)**. This treatment should start 24 hours after the cryo-treatment and go on for 5-6 days. We do not recommend plasters as they intend to move by pressure.
- C. Cryo-treat each wart by maximum three occasions, treatment interval on 2 weeks is recommended in most cases. A more frequent treatment of warts can create scar formation. If the wart has not disappeared after the treatment we recommend that the wart should rest for 4 weeks before you start treating it.
- D. If the patient has had his feet in warm water you should let the feet get is normal temperature before treatment with cryo starts. Heat can have a negative effect on the result.
- E. The more skilled you are with the scalpel shorter freezing time you get.

## TREATMENT TIME

By bigger and more difficult warts you may have to extend the freezing time. Necessary freezing time is dependent on different factors such as the warts diameter, -depth, placing, how it has been treated, the patients sensibility for coldness, etc. Estimation and choice of suitable time has to be done by a doctor or specialist.

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